

Job Description:	Support Worker
Responsible to:	Senior Support Worker
The primary aim of Streets Ahead (Borders) is to provide care and support for adults with learning disabilities, who may also have a physical disability or mental health issues. People with learning disabilities have difficulty with understanding (particularly new and complex information) and with managing day to day activities e.g. personal care, housework, shopping, eating and drinking etc. A learning disability is acquired in childhood and will affect the person for all their life. The level of help a person needs will depend on the severity of their disability. The Support Worker will ensure that the people we support will: • Live in and be part of the Borders communities and surrounding areas • Have a wide range of choices in matters relating to their lives • Be encouraged to exercise their full rights as citizens. • Be assisted to achieve a level of personal growth and development consistent with their age and abilities. • Be recognized as a valued member of the local community • Be helped to develop and maintain a wide circle of friends and acquaintances. All staff are required to support people in any task associated with living as independently as possible within their own home and in as integrated a way as possible within their own neighbourhoods and communities. For some people this will mean providing support over a 24 hour period 7 days a week and staff are required to work a range of shifts and sleepovers including regular weekends	

Support Workers are specifically expected to contribute to these aims in the following ways.

WITH INDIVIDUALS

1. By providing the guidance and practical help they require in basic self-help and home-making tasks, e.g. assisting with budgeting/banking, cooking and cleaning.
2. Assist with personal hygiene, using the toilet, mobility, physical comfort whilst promoting self-esteem and where possible independence. This may also include administering medication.
3. By helping to create a home life which produces feelings of security, privacy, responsibility and self worth.
4. By taking an interest in and where appropriate, sharing in the hobbies, interests and activities of individuals.
5. By making the links, openings and introductions that will help individuals integrate with people living in the neighbourhood and wider community.
6. By helping and encouraging individuals to access local amenities and to make full use of and enjoy a wide range of local facilities.
7. By advising and supporting the person to ensure they maintain their rights as citizens.

MORE GENERALLY

1. By participating in staff meetings, attending relevant training, discussions and reviews.
2. By being proactive in joint review sessions with Senior Support Workers.
3. By being a positive role model and ambassador for the organisation.
4. By complying with service policies and procedures and carrying out responsibilities in relation to health and safety.
5. By covering the duties of members of staff absent through sickness or holidays as necessary
6. By undertaking other tasks necessary for the benefit of clients as requested by Senior staff
7. Sleep-in duties or waking night shift may be required.
8. By being responsible for own continuous professional learning and undertaking any training required by the post.